

VIESCA  
THERAPEUTIC  
SERVICES,  
PLLC



# Adult DBT Skills Group

Presented by LeAnn Levering, LMSW  
Supervised by Erin K. Ebert, LCSW-S

12 week Telehealth series enrolling now!

Tuesdays 6-7:30pm

Scheduled to begin July 12

***Improve emotional regulation related to:***  
***anxiety***  
***depression***  
***ADHD***  
***personality disorders***  
***substance use disorder***  
***behavior addictions***  
***disordered eating***

\$50 per group, plus  
one-time intake session \$65

**Contact [leann@viescatxs.com](mailto:leann@viescatxs.com) or  
[info@viescatxs.com](mailto:info@viescatxs.com) to enroll**

**[https://www.viescatxs.com/dbt-skills-  
group](https://www.viescatxs.com/dbt-skills-group)**

