

VIESCA  
THERAPEUTIC  
SERVICES,  
PLLC



# Adult ADHD Group

Presented by LeAnn Levering, LMSW  
Supervised by Erin K. Ebert, LCSW-S

12 week Telehealth series enrolling now!

Scheduled to begin July 14

Thursdays 6-7:30pm

***Learn skills & connect with others about:***

***Anxiety & stress***

***Disorganization and prioritization***

***Time management***

***Focus***

***Restlessness & boredom***

***Overthinking***

***Emotional fluctuations***

***Relationship & social issues***

***Communication***

***School/employment problems***

***... And turning ADHD into  
your superpower!***

\$50 per group, plus

one-time intake session \$65

**Contact [leann@viescatxs.com](mailto:leann@viescatxs.com)**

[www.viescatxs.com](http://www.viescatxs.com)

